

## Client Information & Confidentiality Preferences

(Please Print Clearly)

Name(s): \_\_\_\_\_

Today's Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

*Address to which Dr. Smith may send correspondence:*

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

*Telephone number(s) at which Dr. Smith may reach you:*

Main: \_\_\_\_\_

Is it OK to call you at this number?     \_\_\_ Yes   \_\_\_ No

Is it OK to leave messages at this number?   \_\_\_ Yes   \_\_\_ No

Other, if applicable: \_\_\_\_\_

Is it OK to call you at this number?     \_\_\_ Yes   \_\_\_ No

Is it OK to leave messages at this number?   \_\_\_ Yes   \_\_\_ No

*Email address at which Dr. Smith may correspond with you:* \_\_\_\_\_

Emergency contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to client: \_\_\_\_\_

How did you hear about Dr. Smith? \_\_\_\_\_

*Please continue to the symptom checklist on the reverse...*

## Symptom Checklist

Name: \_\_\_\_\_ What brings you to Dr. Smith's office? \_\_\_\_\_

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### Individual Symptoms

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Anger                    | <input type="checkbox"/> Impulses to harm self   | <input type="checkbox"/> Seizures                 |
| <input type="checkbox"/> Anxiety                  | <input type="checkbox"/> Impulses to harm others | <input type="checkbox"/> Shortness of breath      |
| <input type="checkbox"/> Career difficulties      | <input type="checkbox"/> Disorientation          | <input type="checkbox"/> Sleep difficulties       |
| <input type="checkbox"/> Compulsive thoughts      | <input type="checkbox"/> Visual hallucinations   | <input type="checkbox"/> Thoughts of suicide      |
| <input type="checkbox"/> Compulsive behaviors     | <input type="checkbox"/> Auditory hallucinations | <input type="checkbox"/> Suspiciousness of others |
| <input type="checkbox"/> Confusion                | <input type="checkbox"/> Irritability            | <input type="checkbox"/> Difficulty thinking      |
| <input type="checkbox"/> Depression/sadness       | <input type="checkbox"/> Lack of energy          | <input type="checkbox"/> Weight loss              |
| <input type="checkbox"/> Difficulty concentrating | <input type="checkbox"/> Loss of interest        | <input type="checkbox"/> Weight gain              |
| <input type="checkbox"/> Excessive alcohol use    | <input type="checkbox"/> Loneliness              | <input type="checkbox"/> Nausea/vomiting          |
| <input type="checkbox"/> Excessive drug use       | <input type="checkbox"/> Memory problems         | Other symptoms:                                   |
| <input type="checkbox"/> Headaches                | <input type="checkbox"/> Panic                   | _____   |
| <input type="checkbox"/> Hopelessness             | <input type="checkbox"/> Self-critical thoughts  | _____   |

### Relationship Difficulties

- |  |  |                                     |
|--|--|-------------------------------------|
| <input type="checkbox"/> Tension             | <input type="checkbox"/> Communication problems      | <input type="checkbox"/> Infidelity |
| <input type="checkbox"/> Arguments           | <input type="checkbox"/> Alcohol/Drugs               | Other problems:                     |
| <input type="checkbox"/> Emotional distance  | <input type="checkbox"/> Stress from health problems | _____                               |
| <input type="checkbox"/> Sexual difficulties | <input type="checkbox"/> Stress from money problems  | _____                               |

### Difficulties With Family and/or Children

- |  |   |                 |
|--|---|-----------------|
| <input type="checkbox"/> Tension with children | <input type="checkbox"/> Alcohol / drugs    | Other problems: |
| <input type="checkbox"/> Angry interchanges    | <input type="checkbox"/> Financial problems | _____           |
| <input type="checkbox"/> Behavioral problems   | <input type="checkbox"/> Disorientation     | _____           |

### Medical Status

Please describe any medical difficulties you are experiencing: \_\_\_\_\_

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Have you sought treatment for the above medical difficulties? \_\_\_\_\_

Please list any medication you are taking related to your physical health:

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Please list any medication you are taking related to your mental health (antidepressants, etc):

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## Mandatory Disclosure Statement

**License:** Shawn T. Smith, Psy.D. is a licensed psychologist in the State of Colorado (license number PSY-3162). Dr. Smith received his Doctorate in Clinical Psychology from the University of Denver in 2006.

**Patient Rights:** The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Section of the Division of Registrations. The Board of Psychologist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800. You are entitled to receive information about the methods of therapy, the techniques used, the duration of therapy, if known, and the fee structure. You may seek a second opinion from another therapist or terminate therapy at any time. Dr. Smith may also terminate therapy at any time. Psychotherapy is not an exact science, and outcomes cannot be guaranteed. In a professional relationship, sexual intimacy is never appropriate and should be reported to the board the Board of Psychologist Examiners. Regarding record keeping, Dr. Smith will maintain records for a period of seven years commencing on the date of termination of services or on the date of last contact with the client, whichever is later.

**Limits to Confidentiality:** Information that you provide in therapy is legally confidential in most circumstances. However, there are exceptions to the general rule of legal confidentiality, as listed in the Colorado Statutes (C.R.S. 12-43-218). These include, but are not limited to: lawsuits against the therapist; complaints, disciplinary proceedings, and reviews of professional conduct; reporting child abuse and neglect; and duty to warn where the patient has communicated to the mental health provider a threat of imminent physical violence against a specific person or persons, including those identifiable by their association with a specific location or entity. When there is a duty to warn, the mental health provider shall make reasonable and timely efforts to notify the person or persons, or the person or persons responsible for the specific location or entity that is specifically threatened. Information may also be disclosed in the event of collection proceedings. Other exceptions to confidentiality include, but are not limited to, insurance reimbursement, communication with third-party payers, and court-mandated treatment. Good clinical practice sometimes requires consultation with other professionals. During such consultation, Dr. Smith will protect your identity. Dr. Smith's Notice of Psychologists' Policies and Practices to Protect the Privacy of Your Health Information (HIPAA statement) will be provided upon request or can be downloaded from <http://www.docsmith.co/files/smith-hipaa-notice.pdf>.

**Electronic communication:** Email messages, Internet-based teleconferencing, telephone conversations, voicemail, and other forms of electronic communication cannot be guaranteed to be secure or confidential. If you choose to communicate with Dr. Smith using electronic means, Dr. Smith assumes no responsibility for third parties who violate the Electronic Communications Privacy Act.

**Emergencies:** Dr. Smith does not remain on call outside regular business hours and may be unavailable during regular business hours. In the event of a mental health emergency, please call 911 or proceed to the nearest emergency department, then leave a voicemail message for Dr. Smith at **(303) 818-5162**.

**Fee:** Fee for service is **\$150 per 60 minutes**. Between-session consultations, report-writing, and other services may be prorated based on this fee. Cancellations with less than 24 hours notice, and missed appointments, may be charged at the full fee. Payment is requested at time of service, and collections proceedings may be initiated for accounts that are delinquent for more than 45 days.

I have read this information, and I understand my rights as a client.

\_\_\_\_\_  
Signature of Patient(s)

\_\_\_\_\_  
Printed Name(s)

\_\_\_\_\_  
Shawn T. Smith, Psy.D.

\_\_\_\_\_  
Date